

# Microblading Pre-Procedure Information

## Preparing For Your Appointment:

- Do not tweeze/wax/pick or tint your eyebrows three days prior to your appointment.
- Do not tan two weeks prior to the procedure or arrive to your appointment with a sunburned face.
- Do not have any type of facial two weeks prior to your appointment. It is recommended that you wait at least two weeks from your last Botox treatment before getting microblading.
- Discontinue fish oil and vitamin E one week prior to your appointment.
- Do not drink alcohol 24-48 hours before your appointment.
- Do not work out the day of your appointment.
- Do not consume caffeine the day of your appointment.
- Do not take ibuprofen, aspirin, or other types of blood thinners the day of your appointment.

You are *not* a suitable candidate for this procedure if you have any of the following conditions and/or situations:

- Pregnant
- History of Keloids or Hypertrophic Scarring Diabetic (require doctor's clearance)
- Chemotherapy (consult your doctor)
- Viral infections and/or diseases
- Epilepsy
- Pacemaker or major heart problems
- Organ transplant
- Skin irritations or psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (cold, flu, etc.)
- Accutane in the past year
- Heart conditions, uncontrolled blood pressure, poor general health
- Any treatment, medication, or illness that compromises the immune system/healing